DOCUMENT RESUME

ED 460 314 CG 029 192

AUTHOR	Carlson, Jon, Ed.; Slavik, Steven, Ed.
TITLE	Techniques in Adlerian Psychology.
ISBN	ISBN-1-56032-555-0
PUB DATE	1997-00-00
NOTE	502p.
AVAILABLE FROM	Taylor & Francis, Inc., 10650 Toebben Drive, Independence, KY 41051 ($46.95). Tel: 800634-7064 (Toll Free); Fax: 800-248-4724 (Toll Free); Web site: http://taylorandfrancis.com.
PUB TYPE	Books (010) -- Information Analyses (070)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	Adults; Behavior; Children; *Counseling Techniques; Family Counseling; *Individual Psychology; Objectives
IDENTIFIERS	*Adlerian Psychology; Couple Therapy

ABSTRACT

This book is a collection of classic and recent papers (published between 1964 and 1994) reprinted from the "Journal of Juvenile Psychology" "Individual Psychologist," and "Individual Psychology." Each of the five sections is introduced by the editor's comments. "General Techniques" contains the following articles: (1) "I-Thou Relationship Versus Manipulation in Counseling and Psychotherapy" (S. M. Jourard); (2) "Interpretation of Patient Behavior through Goals, Feelings, and Context" (A. R. Mahrer); (3) "Encouraging Client Responsibility" (T. J. Murphy). "Individual Adult Counseling and Therapy Techniques" includes: (4) "Life Style Assessment: A Demonstration Focused on Family Constellation" (H. H. Mosak); (5) "The Family Constellation in Personality Diagnosis" (B. H. Shulman); (6) "The Use of Birth Order Information in Psychotherapy" (L. K. Porer); (7) "The Use of Early Recollections in Psychotherapy" (H. Papanek); (8) "Changing Mistaken Beliefs through Visualization of Early Recollections" (M. Lingg, T. Kottman); (10) "A Practical Use of Dreams" (S. Slavik); (11) "The 'Rediscovery' of Interventive Interviewing" (L. Sperry); (12) "Confrontation Techniques in Adlerian Psychology" (B. H. Shulman); (13) "Confrontation Techniques" (B. H. Shulman); (14) "The Use of Parables and Fables in Adlerian Psychotherapy" (K. R. Pancner); (15) "Religious Allusions in Psychotherapy" (H. H. Mosak); (16) "Variations of the 'As If' Technique" (M. S. Carich); (17) "Laughing Together: Humor as Encouragement in Couple Counseling" (R. J. McBrien); (18) "The Relapse Technique in Counseling and Psychotherapy" (R. J. Corsini); (19) "The Paradoxical Prescription in Individual Psychology" (J. D. West, F. O. Main, J. J. Zarski); (20) "Traps and Escapes: An Alderian Approach to Understanding Resistance and Resolving Impasses in Psychotherapy" (R. R. Kopp, C. Kivel); (21) "Incorporating Hypnotherapeutic Methods into Ongoing Psychotherapy" (L. Sperry); (22) "Reorientation: The Use of Hypnosis for Life-Style Change" (B. Fairfield); (23) "Hypnosis, Tailoring, and Multimodal Treatment" (L. Sperry, J. Carlson); (24) "Alcoholics and Their Treatment: Current Adlerian Thinking" (J. Prinz); (25) "Alcoholism and Drug Dependency: Some Mistakes We Can Avoid" (H. K. Cooley); (26) "Marital Therapy with Alcohol-Affected Couples: Treatment Strategies" (S. Arkin, J. A. Lewis, J. Carlson); and (27) "Interrupting a Depression: The Pushbutton Technique" (H. H. Mosak). "Child Counseling" includes: (28) "Counseling a Boy: A Demonstration" (R. Dreikurs); (29) "Adlerian Usage of a Children's Play" (M. T. Yura, M. D. Galassi); (30) "The

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Loyalty Dilemma" (M. Hartwell-Walker, P. L. Belove); (31) "Early Recollections as a Diagnostic Technique with Primary Age Children" (B. L. Borden); (32) "Children's Stories for Psychological Self-Understanding" (J. D. West, L. K. Dann); (33) "Adlerian Play Therapy: Practical Considerations" (T. Kottman, J. Warlick); (34) "The Mutual Storytelling Technique: An Adlerian Application in Child Therapy" (T. Kottman, K. Stiles). "Couple and Family Counseling and Therapy Techniques" includes: (35) "Alderian Marriage Counseling" (M. L. Pew, W. L. Pew); (36) "First Encounters of the Close Kind (FECK): The Use of the Story of the First Interaction as an Early Recollection of a Marriage" (P. L. Belove); (37) "Alderian Marriage Therapy" (D. Dinkmeyer, J. Dinkmeyer); (38) "Equality in Male/Female Relationships" (A. H. Tuites, D. E. Tuites); (39) "Marital Issues of Intimacy and Techniques for Change: An Alderian Systems Perspective" (R. Sherman); (40) "Helping Adults Change Disjunctive Emotional Responses to Children's Misbehavior" (G. D. McKay, O. C. Christensen); (41) "Consequences: An Alternative to Punishment" (F. C. Peeper, M. Roberson); (42) "Family Lifestyle Assessment: The Role of Family Myths and Values in the Client's Presenting Issues" (W. G. Nicoll, E. C. Hawes); (43) "Adlerian Family Therapy: An Integrative Therapy" (D. Dinkmeyer); (44) "Family Counseling: A Demonstration" (R. Dreikurs). (MKA)

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